

# MYERS—BRIGGS TYPE INDICATOR (MBTI) PERSONALITY TYPE CHART

In each of the four colored columns, choose the letter that feels most natural to you, even if you don't like the description.  
The resulting four-letter combination is your MBTI personality type.

Outward or Inward Focus	Taking in Information	Making Decisions	Approach to Life
Talkative, outgoing	Focuses on reality	Warm, empathetic	Keeps options open
Prefers fast-paced environment	Attentive to facts and details	Decides using feelings and personal values	Sees rules and deadlines as flexible
Thinks out loud	Likes practical ideas	Values harmony	Spontaneous
Enjoys being center of attention	Describes things in a specific/literal way	Likes to please and compliment others	Likes to improvise and adapt to the new
<b>EXTRAVERSION</b> <b>E</b> or <b>I</b> <b>INTROVERSION</b>	<b>SENSING</b> <b>S</b> or <b>N</b> <b>INTUITION</b>	<b>FEELING</b> <b>F</b> or <b>T</b> <b>THINKING</b>	<b>PERCEIVING</b> <b>P</b> or <b>J</b> <b>JUDGING</b>
Reserved, private	Figurative, abstract	Values justice/fairness	Methodical Planner
Prefers slow-pace for contemplation	Enjoys ideas/concepts for their own sake	Enjoys finding flaws in the argument	Enjoys finding flaws in the argument
Thinks quietly	Sees big picture	Reasonable, rational	Values rules/deadlines
Would rather observe than be the center of attention	Imagines the possibilities of how things could be	Decides using logical reasoning and impersonal facts	Prefers detailed and step-by-step instructions

#	MBTI	% of Population	Stereotype
1	ISFJ	13.8%	Protector
2	ESFJ	12.3%	Provider
3	ISTJ	11.6%	Inspector
4	ISFP	8.8%	Composer
5	ESTJ	8.7%	Supervisor
6	ESFP	8.5%	Performer
7	ENFP	8.1%	Champion
8	ISTP	5.4%	Crafter
9	INFP	4.4%	Healer
10	ESTP	4.3%	Promoter
11	INTP	3.3%	Architect
12	ENTP	3.2%	Inventor
13	ENFJ	2.5%	Teacher
14	INTJ	2.1%	Mastermind
15	ENTJ	1.8%	Fieldmarshal
16	INFJ	1.5%	Counselor