

# A/B/C/D PERSONALITY TYPE ASSESSMENT

Type A,B,C or D - which one are you?

A

Ambitious  
Independent  
Competitive  
Practical  
Time-conscious  
Impatient  
Achievers  
Dominant  
Risk-takers  
Aggressive

B

Charismatic  
Relaxed  
Tolerant  
Easy-going  
Cheerful  
Casual  
Patient  
Social  
Procrastinator  
Creative

C

Introverted  
Detailed  
Systematic  
Thoughtful  
Analytical  
Perfectionists  
Stress prone  
Sensitive  
Cautious  
Critical

D

Loves routine  
Worrisome  
Distressed  
Negative  
Obedient  
Pessimistic  
Depressed  
Self-pity  
Unsocial  
Secretive

Go through each type and think about which one resonates in you the most. Of course, you will have elements from all four types, but your main type is the letter in which most of your traits are present.

Like in every personality test, every person is a blend of all four types, but dominantly inclined to one. Also, these types describe natural tendencies and personality - so there is not necessarily a "best" one. If you really feel you didn't fall into any and you see yourself as a mix of two or more types, then the A/B/C/D model probably doesn't work on you. Or maybe you didn't go through the words properly - in which case you are probably a type B!